

## **Agenda - Theme: People friendly neighbourhoods**

**Date: 4 November**

**Venue: West Belfast Partnership, 218-226 Falls Rd, Belfast BT12 6AH**

A liveable city contains complete communities with mixed-use and affordable housing well connected to jobs, education, services and leisure venues. This seminar will explore how planning can contribute to creating people oriented neighbourhoods, and how local communities can help inform this process.

**09.30 Registration**

**10.00 Welcome**

*Geraldine McAteer, Chief Executive, West Belfast Area Partnership*

**10.05 Introduction: The concept of healthy urban planning**

*Jonna Monaghan, Health and Wellbeing Manager, Belfast Healthy Cities*

**10.20 How can planning create people friendly neighbourhoods?**

*Belfast City Council*

**10.40 Questions and discussion**

**10.50 Developing People Friendly Places in West Belfast**

*Dermot Glackin, Health and Wellbeing Coordinator, West Belfast Partnership*

**11.10 Questions and discussion**

**11.20 Tea and coffee**

**11.40 Putting people at the heart of planning in Glasgow**

*Etive Curry, Senior Planner, Glasgow City Council*

**12.10 Questions and discussion**

**12.20 Close**

*Geraldine McAteer, Chief Executive, West Belfast Area Partnership*

**12.30 Lunch**

## Agenda - Theme: Transport

Date: 9 November

Venue: Skainos Centre, 241 Newtownards Rd, Belfast BT4 1AF

This seminar will give an overview of how transport can contribute to healthy, vibrant and prosperous neighbourhoods, including examples of existing good practice. Planning can play an important role in improving connectivity and promoting more sustainable patterns of transport and travel as part of the transition to a low carbon economy. Active travel and more sustainable forms of travel can help tackle health issues such as obesity and support physical activity and mental health.

**09.30 Registration**

**10.00 Welcome**

*Linda Armitage, Health Development Director, East Belfast Community Development Agency*

**10.05 Introduction: Transport, planning and health**

*Jonna Monaghan, Health and Wellbeing Manager, Belfast Healthy Cities*

**10.20 Active schools, active children**

*Beth Harding, Active Travel Co-ordinator Schools, Sustrans*

**10.40 Questions**

**10.50 Good walking environments to support accessible transport for all**

*Michael Lorimer, IMTAC*

**11.10 Questions and discussion**

**11.20 Tea and coffee**

**11.40 Example from another Healthy City**

**12.10 Questions and discussion**

**12.20 Close**

*Linda Armitage, Health Development Director, East Belfast Community Development Agency*

**12.30 Lunch**

## Agenda - Theme: Greenspaces

**Date: 16 November**

**Venue: Crescent Arts Centre, 2-4 University Road, Belfast, BT7 1NH**

This seminar explores the role that green space has to play in improving wellbeing, including physical activity as well as mental and social wellbeing. It will focus on the ways in which planning can help safeguard, develop and increase green space, and the ways in which local communities can get involved.

- 09.30**      **Registration**
- 10.00**      **Welcome**  
*South Belfast Area Partnership*
- 10.05**      **Introduction: Greenspaces, health and wellbeing**  
*Jonna Monaghan, Health and Wellbeing Manager, Belfast Healthy Cities*
- 10.20**      **How can planning green our neighbourhoods?**  
*Andrew Haley, Landscape Architect and Urban Designer, Paul Hogarth Company*
- 10.40**      **Questions and discussion**
- 10.50**      **Wildflower Alley**  
*Brid Ruddy, College Park Residents Association*
- 11.10**      **Questions and discussion**
- 11.20**      **Tea and coffee**
- 11.40**      **Carlisle - The Big Green City**  
*Phil Gray, Neighbourhood and Greenspace Manager, Carlisle City Council*
- 12.10**      **Questions and discussion**
- 12.20**      **Close**  
*South Belfast Area Partnership*
- 12.30**      **Lunch**

## **Agenda - Theme: Planning, place and mental health**

**Date: 23 November**

**Venue: NICVA 61 Duncairn Gardens, Belfast BT15 2GB**

The built environment can contribute to mental wellbeing, or affect other risk factors for poor mental wellbeing. This seminar will explore how the built environment shapes wellbeing, and will focus on ways in which planning can help create environments that support positive mental wellbeing. It will also consider the ways in which local communities can help inform and guide this process.

- 09.30 Registration**
- 10.00 Welcome**  
*Peter Kelly, Chair, North Belfast Partnership*
- 10.05 Introduction: Place and mental wellbeing**  
*Jonna Monaghan, Health and Wellbeing Manager, Belfast Healthy Cities*
- 10.20 How does 'place' shape mental health and wellbeing?**  
*Dianne Keys, Green Gym Project Manager, Conservation Volunteers*
- 10.40 Questions and discussion**
- 10.50 Ligoniel Healthy Living Centre**  
*Damien McCallion, Horticulturist, Ligoniel Healthy Living Centre*
- 11.10 Questions and discussion**
- 11.20 Tea and coffee**
- 11.40 Pro Social places**  
*Professor Rhiannon Corcoran & Graham Marshall, Pro Social Place, Liverpool*
- 12.10 Questions and discussion**
- 12.20 Close**  
*Peter Kelly, Chair, North Belfast Partnership*
- 12.30 Lunch**

## **Agenda – Theme: Children and Older people**

**Date: 29 November**

**Venue: Spectrum Centre, 331 Shankill Rd, Belfast BT13 3AA**

This seminar focuses on two particular societal groups' children and older people and the built environment.

The built environment and well-designed outdoor spaces can enhance long term health and wellbeing of older people. Less user friendly environments are often perceived to have increased risk of falling especially for those with visual impairments of mobility issues.

Children especially younger children are more affected by their local external environment because their lives are to a greater extent shaped by their built environment since they spend most of their time in their local neighbourhood. Young children have the fewest opportunities to make their voices heard in decision making.

- 09.30 Registration**
- 10.00 Welcome**  
*Jackie Redpath, Chief Executive, Greater Shankill Partnership*
- 10.05 Introduction: Children, older people and place**  
*Laura McDonald, Health Development Officer, Belfast Healthy Cities*
- 10.20 Creating Environments for All Ages**  
*Stephanie Palmer & Rebekah McCabe, Creative Producers, PLACE*
- 10.40 Questions and discussion**
- 10.50 Dementia friendly environments**  
*Pamela Frazer, Dementia Friendly Communities Support Manager  
Alzheimer's Society*
- 11.10 Questions and discussion**
- 11.20 Tea and coffee**
- 11.40 Gillett Square**  
*Clarissa Carlyon, Creative Producer, Hackney Cooperative  
Developments, London*
- 12.10 Questions and discussion**
- 12.20 Close**  
*Jackie Redpath, Chief Executive, Greater Shankill Partnership*
- 12.30 Lunch**