

Children's Voices, Children's Places





Laura McDonald Belfast Healthy Cities



Celebratory Event

- Celebrate the work of the children & teachers
- Identify local children's priorities

Healthy Cities 21st Century

Healthy City

- Highlight importance of child friendly places
- 2 events
- 16 Classes/11 schools





Child Friendly Places in Belfast

- ✓ 1 in 6 people in Belfast are aged 13 or under
- to listen to children

✓ A good city for children is a good city for everyone.



✓ Important





Key Messages - children and place

- PLACE = Good quality built and natural environment
 significant impact on health
- Inequalities in place
- Younger children's development affected
- Engaging with children is essential improved outcomes for children has benefits for wider family, community and Belfast as a whole

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Why Child Friendly Places?

- Encourage physical activity
 - Play, tackling obesity
- Support mental and social development;
 - Social skills, independence, healthy risk taking
- Give children a sense of belonging and inclusion in the community
 - Reduce anti social behaviour
- Encourage active family life
 - Mental wellbeing, social networks, strong communities





Teaching Resource















What is it?

- New teaching resource for Key Stage
- 7 Booklets, USB
- Child led approach to exploring health & the built environment

Healthy City

 Proposals to make local environment more CF



Teaching resource: context

- Need identified through teachers from previous 'Shaping Healthier Neighbourhoods for Children' Projects
- Draft resource Summer 2015, Education Authority re content
- Other key partners PHA, NIHE
- Piloted 15/16 11 primary school





How it is delivered?

- Taught over 5 units
- 1 hour minimum per unit
- Contains wide variety of learning exercises & explores active citizenship
- Links across the curriculum
- World Around Us





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Pilot process

- Teacher/Principals info session
- 2 days teacher training
- Resource delivered Feb
 June
- Schools submit summary proposals
- Children's Voices, Children's Places, event June 2017





Next Steps

Hear what our children have to say



- Further develop proposals if possible
- Examine development of a regionally relevant teaching resource

















