

Capacity Building Workshop Series 2014/15

Learning from WHO Healthy Cities

Venue: The Mount Business and Conference Centre, 2 Woodstock Link, Belfast, BT6 8DD

Please contact caroline@belfasthealthycities.com for further information

Or visit www.belfasthealthycities.com

Health Literacy in a Healthy City: Making the Case and Taking Action

Wednesday 10 December 2014 ~ 12.15pm - 4.45pm

Health Literacy implies achievement of a level of knowledge, personal skills, and confidence to take action to improve personal and community health by changing personal lifestyles and living conditions. This workshop will explore an understanding of Health Literacy within the context of Belfast, look at models of practice locally and across the UK and agree a way forward.

Confirmed speakers: Dr Michael McBride, Chief Medical Officer for Northern Ireland;
Christine Hoy, Primary Care Development Unit, Health and Social Care Alliance, Scotland;
Linda Clark, Stoke-on-Trent and Fergus Dolan, National Adult Literacy Agency, Ireland.

Facilitator: Erica Ison, WHO Expert Advisor

WHO Health Economic Assessment Tool (HEAT)

Thursday 29 January 2015 ~ 1 hour sessions

The implementation of the Health Economic Assessment Tool (HEAT) during planning processes can maximise benefits from investment in and development of walking and cycling infrastructure. This workshop will stimulate debate around the co-benefits of walking and cycling for health and economics. It will also provide an opportunity to look at best practice examples of collaborative planning for health. The tool will be demonstrated using existing or planned walking and cycling infrastructure in Belfast.

Facilitator: Dr Nick Cavill, WHO HEAT Expert

Inequalities and Poverty: definitions and tools for action

Thursday 26 February 2015

Whole of government and whole of society approaches have been suggested as the ideal approach to tackle inequalities in health. This workshop will be an opportunity to identify definitions of inequalities and poverty, highlight work being carried out locally to address these issues and explore tools for action.

Facilitator: Erica Ison, WHO Expert Advisor

